

6 Days 7 Nights Umbria: Between Hills, Cities and Tradition

Discover Umbria through medieval towns, rolling hills, local traditions, fine wine, olive oil, chocolate, ceramics, and authentic culinary experiences.

START FROM	DURATION	LOCATION	GUIDE
$ 0.00	7 Days	Perugia – Cascia – Montefalco – Trevi – Assisi	-





Package Snapshot

Tour:
Umbria: Between Hills, Cities and Tradition 6 Days 7 Nights

Category:
Italy Travel Pacakges

Sub Category:
Italy Tours

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Private Enquiry

For custom dates, hotel upgrades, private guides, and family requests, send an enquiry and the travel team will customize this package.

TAILOR-MADE AVAILABLE

01 / OVERVIEW

Overview

Experience the heart of Umbria on a 7-day journey through historic cities, peaceful landscapes, and authentic local traditions. Explore the medieval streets of Perugia, enjoy a Perugina chocolate-making experience, and visit the spiritual town of Cascia. Discover Montefalco and Trevi through Sagrantino wine and extra virgin olive oil tastings. Continue to Assisi and enjoy a private ceramics workshop in Deruta, then relax by Lake Trasimeno with an olive oil tasting and private boat tour. This tour combines history, culture, gastronomy, nature, and hands-on local experiences.

02 / DAY BY DAY

Itinerary

DAY 01

WELCOME TO PERUGIA

Arrival at the airport and private transfer at hotel in Perugia, a medieval town located on a hill in the heart of Umbria. Check in at the hotel and free time to wander the picturesque alleys or relax. Optional: Dinner at the hotel to savor the first local flavors. Overnight in Perugia.

DAY 02

DISCOVERING PERUGIA

Breakfast at the hotel. Guided walking tour of the historic center of Perugia, where history meets art, with treasures such as Piazza IV Novembre, the Fontana Maggiore and the majestic Palazzo dei Priori. Enjoy an exclusive visit to the renowned Casa del Chocolate Perugina, where you will taste fine chocolates and participate in a chocolate- making workshop to awaken your senses. Overnight in Perugia.

DAY 03

CASCIA

Breakfast at the hotel. Transfer to Cascia, a pilgrimage town surrounded by the green Apennine Mountains. Explore its charming historic center on a guided tour in French and visit the Sanctuary of Santa Rita, known for its serenity and miraculous history. Optional: Rustic lunch at an authentic local restaurant. Return to Perugia for the evening.

DAY 04

MONTEFALCO AND TREVI

Breakfast at the hotel. Transfer to Montefalco, known as the "balcony of Umbria" for its panoramic views. Visit the prestigious Arnaldo Caprai winery and enjoy a tasting of the robust and iconic Sagrantino DOCG wine. Savor a refined lunch with expertly paired dishes and wines. Continue to Trevi, the capital of olive oil, for an immersive experience at the Frantoio Gaudenzi: learn about every step of the production process, followed by a tasting of extra virgin olive oil with fruity aromas. Optional: E-bike tour through the olive groves. Return to Perugia for the evening. CLASSICAL ITALY ITINERARY 6 DAYS - 7 NIGHTS 5 Senses Lifestyle

DAY 05

ASSISI AND DERUTA WITH A PRIVATE CERAMICS WORKSHOP

Breakfast at the hotel. Transfer to Assisi, the mystical city of San Francisco, where cobbled streets lead to artistic treasures. Guided tour of the main monuments of Assisi, such as the Basilica of St. Francis, adorned with frescoes by Giotto. Transfer to Deruta for a private ceramics workshop, where you will create your own piece under the guidance of the master craftsmen of Cerámicas Sambuco Mario. Return to Perugia for the evening.

DAY 06

LAKE TRASIMENO

Breakfast at the hotel. Transfer to Lake Trasimeno, a place of tranquil beauty surrounded by rolling hills. Enjoy an extra-virgin olive oil tasting at Agriturismo Baldeschi, where agricultural tradition meets gastronomic excellence. Optional: Traditional cooking class to learn the secrets of local recipes or lunch at "La Pigra Tinca", a restaurant specializing in lake fish cuisine. Discover the lake from a new perspective with a private boat tour, gliding over its sparkling waters and enjoying enchanting panoramas. Return to Perugia for the evening.

DAY 07

DEPARTURE

Breakfast at the hotel and check-out. Free time for one last walk or shopping before the private transfer to the airport. _FIN OF OUR SERVICES_

04 / HIGHLIGHTS

Highlights

Perugia
Cascia
Montefalco
Trevi
Assisi
Deruta
Lake Trasimeno

Considered travel. Lasting impressions.

This package is prepared for travelers who prefer depth, privacy, and a journey designed around comfort and timing.