

Gastronomic: Flavours of Emilia, Tuscany 8 DAYS – 7 NIGHTS

Discover the flavors and culture of Italy on an unforgettable Bologna, Florence & Naples Food and Wine Tour. Explore Parma, Modena, Chianti, Florence, Naples, Sorrento, and Amalfi while enjoying authentic Parmigiano Reggiano, Prosciutto di Parma, traditional balsamic vinegar, Lambrusco, Chianti Classico, Neapolitan street food, lemons, and limoncello.

START FROM	DURATION	LOCATION	GUIDE
$ 0.00	8 Days	-	-







Package Snapshot

Tour:
Gastronomic: Flavours of Emilia, Tuscany 8 DAYS – 7 NIGHTS

Category:
Italy Travel Pacakges

Sub Category:
Italy Tours

Inside This Package

Overview

Day by day itinerary

Highlights

Private Enquiry

For custom dates, hotel upgrades, private guides, and family requests, send an enquiry and the travel team will customize this package.

TAILOR-MADE AVAILABLE

01 / OVERVIEW

Overview

Experience the authentic flavors, traditions, history, and landscapes of Italy on this exciting 8-day food and wine tour from Bologna to Naples. Combining Emilia-Romagna, Tuscany, and Campania, this itinerary takes you through some of Italy’s most celebrated culinary regions and iconic destinations. Begin your journey in Bologna, the gastronomic heart of Emilia-Romagna, before discovering the culinary treasures of Parma. Visit a traditional Parmigiano Reggiano cheese factory and learn about its production and aging process, followed by a tasting of cheeses aged from 24 to 60 months. Continue to a traditional Prosciutto di Parma producer to discover the art of curing and taste one of Italy’s most famous specialties. Travel to Modena to discover the secrets of Traditional Balsamic Vinegar of Modena. Learn about its slow aging process in wooden barrels and taste different maturations. Continue with a visit to a Lambrusco winery, where you can explore the vineyards and sample regional wines.

02 / DAY BY DAY

Itinerary

DAY 01

Welcome to Bologna

Upon arrival in Bologna, you will transfer to the hotel and settle into your rooms. You will have the rest of the day free to relax or take a first walk on your own. Overnight in Bologna.

DAY 02

Parma: Caseificio Parmigiano Reggiano & Prosciuttificio

Breakfast at the hotel. In the morning, you will visit a Parmigiano Reggiano cheese factory, where you will discover in detail the entire process of production and aging, followed by a guided tasting featuring cheeses aged 24, 36, and up to 60 months. Next, you will head to a Prosciutto di Parma PDO producer for a tour of the workshops and curing rooms, concluding with a tasting of this iconic delicacy. Mid-morning or around lunchtime, you will have free time to enjoy a meal at a traditional trattoria. In the afternoon, you can explore Parma at your own pace, discovering the Duomo, the Baptistery, and the charming historic center. Dinner is on your own, followed by overnight in Bologna.

DAY 03

Modena: Acetaia Tradizionale & Lambrusco

Breakfast at the hotel. The morning is dedicated to a visit to a traditional acetaia, where you will learn about the full aging process of Aceto Balsamico Tradizionale PDO Modena’s renowned traditional balsamic vinegar, made from cooked grape must and aged for years in wooden barrels. You will have the opportunity to taste different maturations and savor the unique nuances of this artisanal product. For lunch, you can choose to enjoy a typical menu featuring gnocco fritto, tigelle, and local sausages, accompanied by fresh regional specialties. In the afternoon, you will visit a Lambrusco winery, exploring the vineyards (when possible) and enjoying a guided tasting of different Lambrusco DOC varieties, discovering their fresh, fruity, and lightly sparkling character. Dinner is on your own, followed by overnight in Emilia-Romagna. 5 Senses Lifestyle

DAY 04

Transfer to Florence & Free Time

Breakfast at the hotel. Transfer to Florence by train and check in at your hotel. In the afternoon, enjoy a guided tour of the historic center, wandering through its most emblematic streets and squares. Highlights include the Duomo with its impressive dome, Piazza della Signoria—the political and artistic heart of the city—and the

Ponte Vecchio, with its historic workshops and jewelry shops. Along the way, you will discover the history, art, and charming curiosities that make Florence truly unique. Dinner is on your own, followed by overnight in the city.

DAY 05

Chianti Classico: Vineyards & Tastings

Breakfast at the hotel. In the morning, enjoy a panoramic tour of the Chianti Classico region, traveling along the scenic wine road connecting Greve, Panzano, and Castellina, with rolling hills, vineyards, and olive groves unfolding around you. The tour begins with a visit to a winery, where you will learn about the production of Chianti Classico DOCG and take part in a guided tasting, discovering the distinctive aromas and nuances of this celebrated wine. A light lunch awaits among the vineyards or at the winery itself, surrounded by quintessential Tuscan landscapes. In the afternoon, visit a second winery for a tasting of various red wines, followed by a stroll through a charming medieval borgo, wandering its cobbled streets and historic corners. Dinner is on your own, followed by overnight in Florence or the Chianti area.

DAY 06

Napoli: Street Food Tour

Breakfast at the hotel. Transfer by train from Florence to Naples and check-in at the hotel. In the afternoon, you will take a street food tour to discover the authentic flavors of the city: portafoglio pizza, frittatina di pasta, cuoppo and sfogliatella. While tasting these specialties, you will tour the historic center with a guide, entering the narrow and vibrant streets of Spaccanapoli, discovering the artisan workshops of San Gregorio Armeno and the lively Piazza del Gesù, among aromas, colors and the daily life of the city. Dinner on your own and overnight in Naples 5 Senses Lifestyle

DAY 07

Sorrento & Amalfi: Sea and Lemons

Breakfast at the hotel. In the morning, explore Sorrento with a visit to a lemon grove, where you will learn about the cultivation of lemons and sample limoncello and other lemon-based products. Stroll through the charming historic center, with its narrow streets, artisan shops, and lively squares, and enjoy some free time for lunch. In the afternoon, head to Amalfi to discover the borgo: visit the Duomo, wander through the historic center, and take in panoramic views over the Tyrrhenian Sea. You will also have free time to browse local shops, savor an artisanal gelato, or simply relax by the sea, soaking in the unique atmosphere of the Amalfi Coast. At the end of the day, return to Naples for overnight.

DAY 08

Departure

Breakfast at the hotel and free time for the last visits or shopping. Transfer to the airport or station.

04 / HIGHLIGHTS

Highlights

- Bologna
- Parma
- Parma Historic Center
- Parma Cathedral
- Parma Baptistery
- Modena
- Florence
- Florence Historic Center
- Florence Cathedral (Duomo)
- Piazza della Signoria
- Ponte Vecchio
- Chianti Classico
- Greve in Chianti
- Panzano
- Castellina in Chianti
- Naples
- Spaccanapoli
- San Gregorio Armeno
- Piazza del Gesù
- Sorrento

Considered travel. Lasting impressions.

This package is prepared for travelers who prefer depth, privacy, and a journey designed around comfort and timing.